# The Discovery Center

The Discovery Center provides a safe, comfortable, home-away-from-home environment for your child. We offer full time programs in the infant room.

We believe that the child's early learning experience should be fun, challenging, and enriching, building on acquired skills over the years.

We specialize in building self-esteem through positive interactions and mutual respect.





"Helping Children Reach Their Dreams"



13111 NE 85<sup>th</sup> St. Kirkland, WA 98033



# **Infant Room**

# The Kittens



## Infant Room: The Kittens

Welcome to the infant room! We are pleased to have Inna Mednikova as our baby teacher. Inna has been with our center since 2007. She has a teaching degree and has completed her STARS Basic Training, Inna continues to take 10 hours of classes and workshops each year.

Inna has many years of experience working with children, and has two children of her own. She is an infant teacher who loves babies and works hard to meet their every need.

We also have Miss Mila Sokolova as assistant teacher. She has experience working with young children, and is pursuing a degree in Early Childhood Education.

The teachers bring lots of love, calmness, and nurturing to the infant room. They offer one-on-one, individualized care to each baby. Our classroom is bright, spacious, and stimulating, so infants have plen-

ty of room to explore and discover.

#### **Developmental Focus**

The focus in the infant room is on building a sense of security between the teacher and baby. We know infants require a safe, stimulating environment in which to explore. Each infant will be attended to as their schedule requires, allowing them to express their needs through cues for feeding, sleeping, and playing. Plenty of opportunities are provided for the infant to practice new skills, such as communication, gross/fine motor, and even art expression.

### What to Bring

Parents provide diapers and wipes, a couple of changes of clothes to be left here, and a



blanket for nap. Bottles need to be prepared for each day's feeding, labeled with the child's full name and the days date. You'll also provide jar foods and cereals. We will provide meals once the child is ready for table and finger foods.

We provide sippy cups, bibs, crib sheets, spoons and bowels, so there is no need for you to bring these items. Blankets will be sent home at the end of your child's week with us for laundering.

We look forward to being your baby's first school experience, where they will be in the best of hands (besides your own!)



### Daily Schedule

Although the infants are on their own individual schedules, the times below show the activities that occur throughout the day, and are approximations.

7:30-8:30 Welcome/Breakfast

8:30-9:30 Language Activities (stories, finger plays, songs, signing, etc.)

9:30-10:30 Creative Arts

10:30-11:30 Music/Movement

11:30-12:30 Lunch/feedings

12:30-2:30 Naps/tummy time

2:30-3:30 Gross motor/Active play

3:30-4:30 Sensory exploration

4:30-5:30 Fine motor/manipulatives

5:30-6:00 Language/Good bye

\*\*Diapers are changed every two hours or as needed